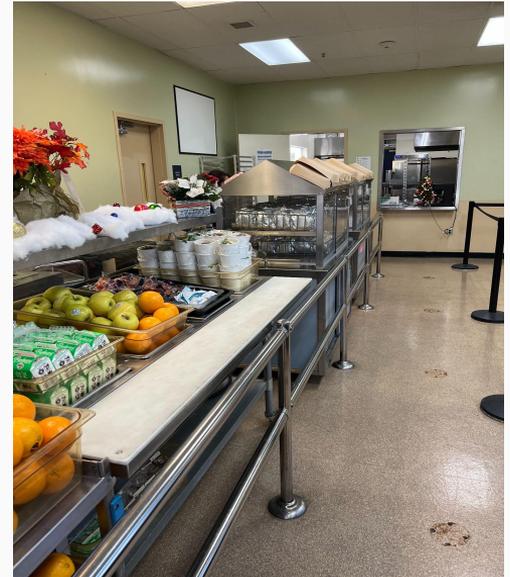# SY 22-23
MVLA Food Service Update

1/9/2023

MVLA Food Program

We operate a Child Nutrition Program (CNP) for Mountain View, Los Altos, Alta Vista and the Adult Transition Program (ATP)

Program Details

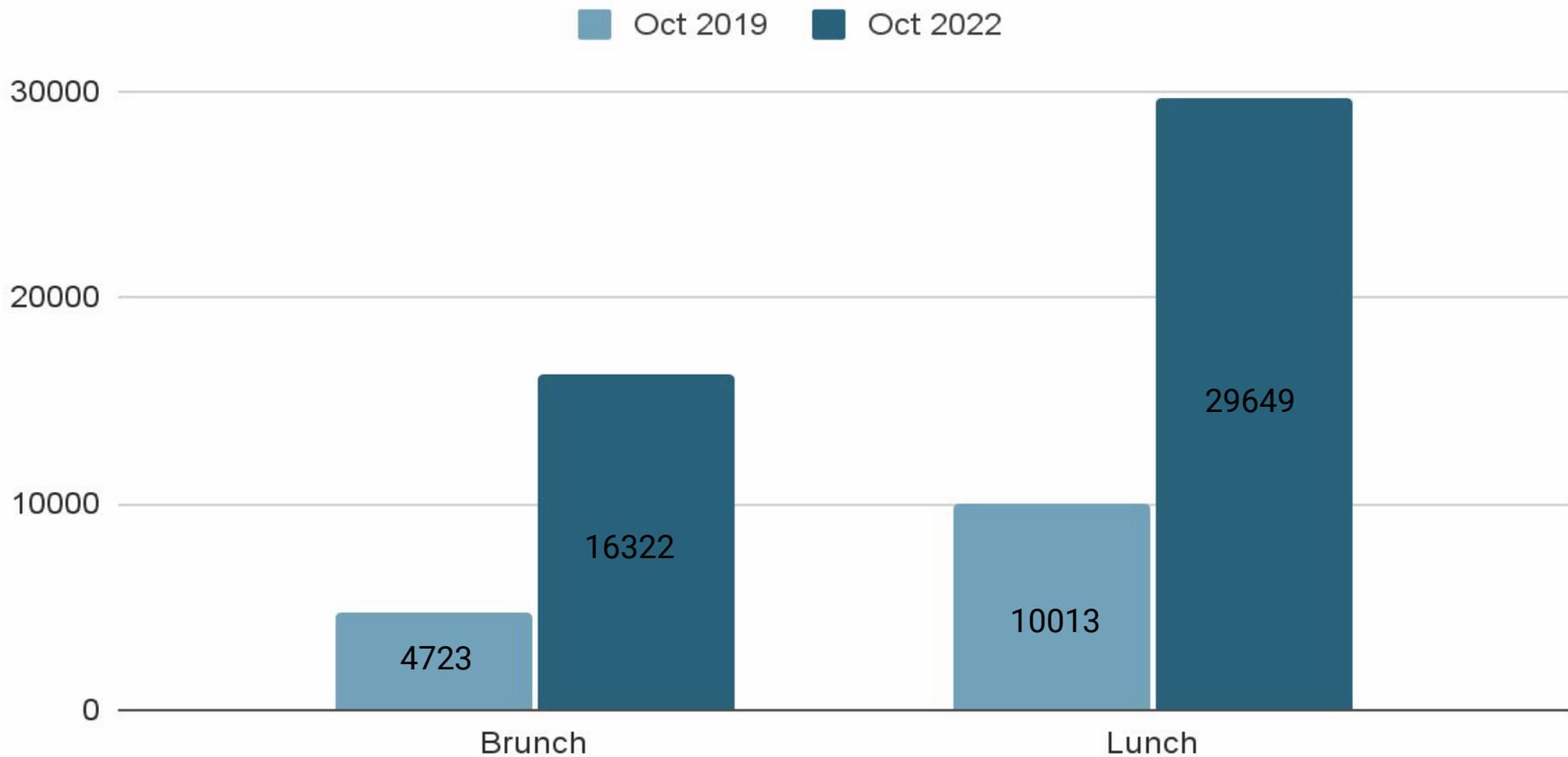We have a team of 14 people that serve approximately 2750 meals a day program-wide

Push towards more green practices and products

Agility during supply shortages

Universal Meals

Sales Comparison - October 2019 to October 2022

■ Oct 2019   ■ Oct 2022

	Brunch	Lunch
Oct 2019	4723	10013
Oct 2022	16322	29649

311%
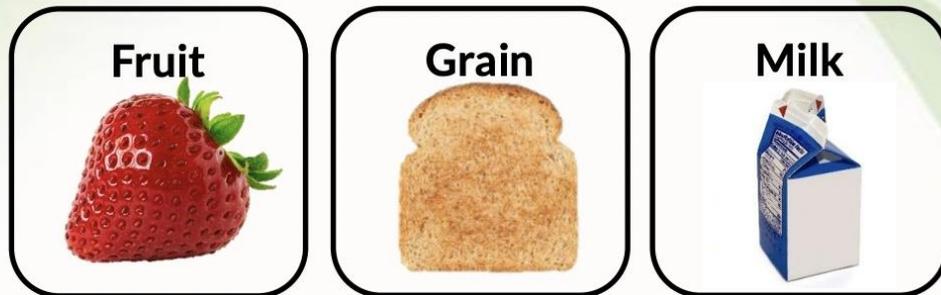
Sales increase from pre-pandemic levels

Offer vs. Serve (OVS)

Our food program adheres to strict USDA regulations, which are back in full swing

OVS is Required at all High Schools

Lessens food waste and empowers students to make choices

The 3 Food Components for Breakfast

Fruit

Grain

Milk

Choose at least 3 items
(including ½ cup fruit and/or vegetable)

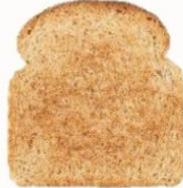## For a nutritious meal, choose all!

The 5 Food Components for Lunch
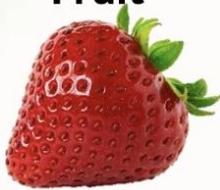
Vegetable	Fruit	Grain	Milk	Meat/Meat Alternate

Choose at least 3 components (including ½ cup fruit and/or vegetable)

For a nutritious meal, choose all 5!

Menu Planning

Assortment of 13 items daily

Static Items

Salad with Chicken, Garden Salad, Turkey Sandwich, Chicken Sandwich, Spicy Chicken Sandwich, Burger, Bean and Cheese Burrito, Chicken Burrito, Cheese Pizza

Rotational Items

Tuna Salad, Egg Salad, Sesame Noodle Salad, BBQ Chicken Pizza, Hawaiian Pizza, Pepperoni Pizza, BBQ Riblet Sandwich, Pupusa, Empanada
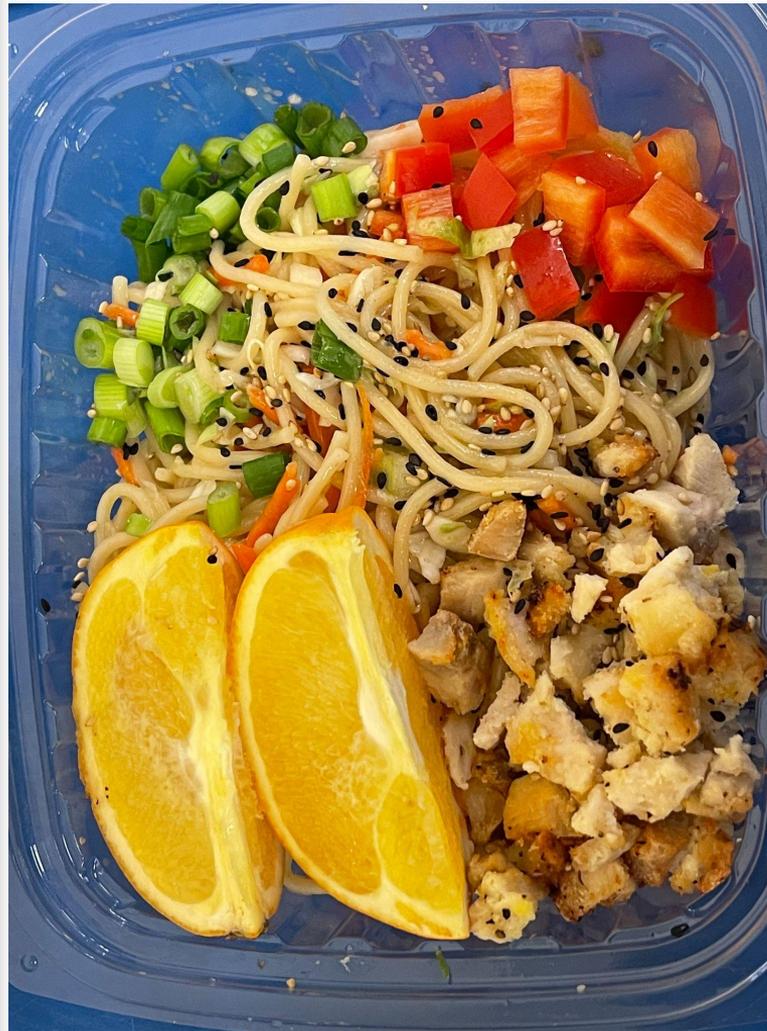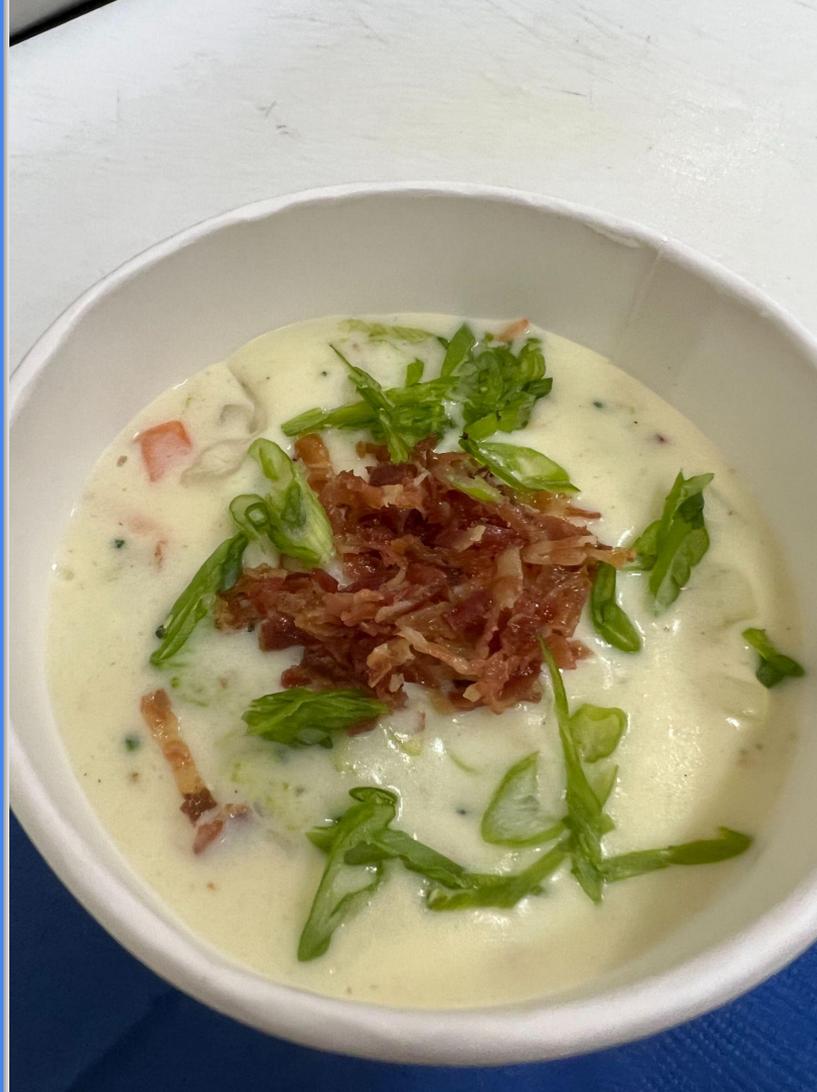
Menu Planning

Entree Bowls (Rotation on Weds/Fri)

Teriyaki Chicken, Orange Chicken,
Fajita Bowl, Pasta with Meat Sauce,
BBQ Bowl, Sweet and Sour Chicken

Soup (Rotation on Thurs during winter)

Chicken Noodle, Minestrone, Potato,
Italian Wedding

Vegetarian Options available daily

Menu Planning

Menu development with ASB Student Leaders at MVHS and LAHS

Thanks!

Bryan Barnhardt
Food Service Coordinator

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